

For Patients and Family:

# How to get started with SeamlessMD, the online platform that will guide you through the process for your procedure?



SeamlessMD is available on your smartphone, tablet, and/or computer.



## What is SeamlessMD?

SeamlessMD is an interactive, step-by-step guide to help you prepare for your procedure and recover faster afterwards.

SeamlessMD can send you messages and reminders from your doctor through:



Text Message (SMS)



Email



Push Notifications



Caregiver Support

This platform will guide you through the four (4) steps of your procedure:

1. Before Your Procedure:	2. In-Hospital Stay:	3. At-Home Recovery:	4. Follow-Up (Up to 1 year)
<ul style="list-style-type: none"><li>• Messages to help you manage your procedure preparation</li><li>• To-do lists to help you prepare for procedure</li><li>• Access to a self-care library with informations on different topics</li></ul>	<ul style="list-style-type: none"><li>• Messages about what to expect each day</li><li>• To-do lists to help you recover safer and faster</li></ul>	<ul style="list-style-type: none"><li>• Messages about what to expect with your recovery</li><li>• To-do lists to help you heal well at home</li><li>• Daily Health Checks to make sure you are recovering well at home, and to give you feedback on your recovery</li></ul>	<ul style="list-style-type: none"><li>• Surveys to assess your cardiac conditions at 1, 3, 6, and 12 months after your procedure</li></ul>

To sign up, you need to:

1. Have your TVT nurse enroll you onto the program by avoiding her your email address or/and a caregiver one
2. Ensure your device is connected to Wi-Fi.
3. Check your email for a message "Welcome to SeamlessMD".
4. Open the email and click on "[Click here to start](#)".
5. Click on the **green** button "[Let's Start](#)".

SeamlessMD is available for you and/or your caregiver on your computer, smartphone, and/or tablet. For mobile use, download the "SeamlessMD" app from the Google Play Store or Apple App Store.